



**Curriculum Links**  
**The Sharing Circle, Season 14, Episode 14:**  
**Ski Bums**

**Suggested Grade Levels:**

Grades 7 - 12

**Curriculum Themes and**

- Careers- Counsellors
- Geography-mountains and Western Canada
- Phys ed.
- Role models for Adoption, Athletes, Women and Photographers

**Summary of Episode:**

It is easy to understand the spiritual connection Aboriginal people have shared with the land after experiencing western Canada's majestic mountain ranges. This relationship continues today, and for some, it has led to an involvement in Canada's competitive ski circuit. We follow three people who are making their mark in the ski world in different ways. Sam Kent is a 16-year-old prodigy creating a stir as one Canada's top Aboriginal skiers; Mark Gallup travels the globe as a world-class ski photographer employed by the major elite ski magazines; and Wendy Lumby is a ski coach in Alberta who is breaking down barriers and stereotypes as she prepares athletes for high level competition. Ski Bums interweaves their stories and demonstrates how their passion for the sport of skiing has drawn them closer to the land in a way that nothing else could.

### **Vocabulary:**

- Adoption
- Alpine Events
- Ancestors
- Assess
- Avalanche
- Calgary
- Canada Winter Games
- Career
- Cecile Calliou
- Ceremony
- Coach
- Competition
- Computer
- Connection
- Cutting Edge Work
- Dedication
- Experience
- Family
- Fashion
- Female Aboriginal
- First Nations
- Greg & Liz Kent
- Grounded
- Guidance
- Involvement
- Jumps
- Land
- Lifestyle
- Magazine
- Mark Gallop
- Mentor
- Mountains
- Music
- National Alpine Training Centre
- National Sport School
- Olympics
- Ontario
- Opportunity
- Passion
- Photography
- Photos
- Race
- Relationship
- Risk
- Sam Kent
- Senses
- Skiing
- Slalom
- Snow Boarding
- Solve Problems
- Soutioux
- Spiritual Advisor
- Spontaneous
- Sport
- Support
- Teachings
- University
- Volunteer
- Wendy Lumby
- Whitehorse
- Whistler
- World Cup
- Yukon

### **Suggested Activities:**

- Learn about photograph and what you need to know to be a good photographer. Invite a photographer in to talk about it.
- Learn about Aboriginal Winter and Summer Games. What games are involved? What traditional Aboriginal games were played?
- Learn about who are outstanding Aboriginal athletes. Report on your findings to your classmates.
- Learn how to cross country to down hill ski.
- Learn about the teachings of mountains from an Elder. Which Aboriginal groups are located near the mountains? How did they live in the mountains and what made them successful?

**Suggested Activities (Continued):**

- Learn about someone who has become very successful. What supports did they have? What qualities made them succeed? What can you learn from this person?

**Helpful websites:**

- Canada Games  
<http://www.2007canadagames.ca/>
- National Sport School website  
<http://www.nationalsportschool.ca/>
- Wendy Lumby  
<http://www.alpinecanada.info/ec-news/index.cfm?dsp=ArticleView&ArticleID=1424&IssueID=292>
- Whistler Ski Photos  
<http://www.whistleroutfitters.com/ski-photos-whistler.html>